



2019 NOVA RUNNING CLUB MEMBERSHIP FORM

Membership benefits include coached workouts, group training, affiliation with RRCA, discounts at local running stores, weekly newsletters, happy hours.

Member Information:

Check one membership type: 1-yr Individual - \$50 1-yr Family- \$75
 2-yr Individual - \$95 2-yr Family - \$140

Member Names: _____ E-mail: _____ Phone: _____ DOB: _____

Primary Member Mailing Address: _____

Other Member Mailing Address: _____

Emergency Contact: _____ Relationship: _____ Phone: _____

Membership Payment:

Make check payable to *Northern Virginia Running Club*. Memberships are valid for one (1) year from date of joining.

Mail application, check and signed waiver to:

NOVA Running Club, PO Box 3111, 3682 King Street, Alexandria, VA 22302

MEMBERSHIP WAIVER

I know that participating or volunteering in club practices, races, and events are potentially hazardous activities. I should not participate or volunteer in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official, Club Coach, or Board Member relative to my ability to safely complete the event. I assume all risks associated with participating and volunteering in club activities including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Northern Virginia Running Club, their representatives, successors, and sponsors from all claims or liabilities of any kind arising out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. Further, I agree to abide by all of Northern Virginia Running Club's policies, rules, and codes of conduct. I grant Northern Virginia Running Club and its representatives the right to take photographs of me and my property in connection with Club activities. I authorize Northern Virginia Running Club, its assignees/transferees to copyright, use, and publish the same in print and/or electronically. I agree that Northern Virginia Running Club may use such photographs of me with or without my name and for any lawful purpose, including, for example, such purposes as publicity, illustration advertising, and Web content.

Signature: _____ Date: _____

Parent/Guardian (for members under 18)

I am signing this waiver as parent or guardian on behalf of the minor(s) named above. I agree to be responsible for the conduct and safety of the minor(s), and I recognize and assume the risks.

Signature: _____ Date _____ Relationship _____

Connect with us:

www.northernvirginiarunningclub@gmail.com
www.facebook.com - Northern Virginia Running Club--NOVA

www.novarunningclub.com
www.instagram.com/novarunningclub